

VINTAGE HEALTHCARE SERVICES, INC.

COMPETENCY EXAMINATION FOR HOMEMAKERS

- Circle the correct answer on the answer sheet provided for each question completely.
 - If you make a mistake, erase completely the answer you wish to change.
 - You have 60 minutes to complete this final exam.
 - Hand the completed question paper to the Office Personnel.
1. **When a client has left-sided weakness, what part of a sweater is put on first?**
 - (A) Both sleeves
 - (B) Left sleeve
 - (C) Client's choice
 - (D) Right sleeve
 2. **It is appropriate for a homemaker/caregiver to share the information regarding a client's status with:**
 - (A) any one the homemaker/caregiver sees fit
 - (B) the client's family members
 - (C) the client's roommate
 - (D) the staff on the next shift
 3. **When helping a client who is recovering from a stroke to walk, the homemaker/caregiver should assist:**
 - (A) on the client's strong side
 - (B) on the client's weak side
 - (C) from behind the client
 - (D) with a wheelchair
 4. **The homemaker/caregiver is caring for a client who is agitated. The homemaker/caregiver SHOULD:**
 - (A) speak loudly so the client can hear the instructions
 - (B) ask to reassign the care of this client
 - (C) talk in a slow, calm, reassuring manner
 - (D) tell the client to be quiet
 5. **How can the homemaker/caregiver BEST help a client who is not accepting a loss?**
 - (A) Leave the client alone
 - (B) Convince the client to accept the loss
 - (C) Encourage the client to talk
 - (D) Discourage individual active

- 6. To BEST communicate with a client who is totally deaf, the homemaker/caregiver should:**
- (A) smile frequently and speak loudly
 - (B) smile often and talk rapidly
 - (C) avoid eye contact
 - (D) write out information
- 7. The homemaker/caregiver is asked by a confused client what day it is. The homemaker/caregiver should:**
- (A) explain that memory loss is natural and the date is not important
 - (B) ignore the request
 - (C) point to the date on a calendar and say the date
 - (D) provide the date and then test the client later
- 8. A homemaker/caregiver can assist clients with their spiritual needs by:**
- (A) taking clients to the homemaker/caregiver 's church
 - (B) allowing clients to talk about their beliefs
 - (C) avoiding any religious discussions
 - (D) talking about the homemaker/caregiver 's own spiritual beliefs
- 9. A homemaker/caregiver MUST wear gloves when:**
- (A) feeding a client
 - (B) doing peri-care
 - (C) giving a back rub
 - (D) doing range of motion
- 10. When getting ready to dress a client, the homemaker/caregiver SHOULD:**
- (A) get the first clothes the homemaker/caregiver can reach in the closet
 - (B) give the client a choice of what to wear
 - (C) use the clothes the client wore the day before
 - (D) choose clothes that the homemaker/caregiver personally likes
- 11. If the homemaker/caregiver discovers fire in a client's room, the FIRST thing do is:**
- (A) call the nurse in charge
 - (B) try to put out the fire
 - (C) open a window
 - (D) remove the client
- 12. In order to communicate clearly with a client who has hearing loss, the homemaker/caregiver should:**
- (A) speak in a high pitched tone of voice
 - (B) stand behind the client when speaking
 - (C) speak in a loud and slow manner
 - (D) look directly at the client when Speaking
- 13. Which of the following stages of dying is usually the final stage?**
- (A) Anger
 - (B) Acceptance
 - (C) Bargaining
 - (D) Depression

- 14. If a client says, “God is punishing me” or “Why me?”, how should the homemaker/caregiver respond?**
- (A) Reply, “God doesn’t punish people.”
 - (B) Listen quietly
 - (C) Ignore the client
 - (D) Make jokes
- 15. A homemaker/caregiver who is active in her church is assigned to care for a client who is not a member of any religious group. The homemaker/caregiver SHOULD:**
- (A) help the client understand the homemaker/caregiver’s faith
 - (B) tell the client that it is important for the client to join some church, even if it is not the homemaker/caregiver’s church
 - (C) respect the client’s beliefs and avoid starting religious discussions
 - (D) arrange to have the homemaker/caregiver’s clergyman visit the client
- 16. The homemaker/caregiver notices that a client’s mail has been delivered to the client’s room. The homemaker/caregiver SHOULD:**
- (A) open the mail and leave it on the client’s table
 - (B) open the mail and read it to the client
 - (C) read the mail to make sure it doesn’t contain upsetting news
 - (D) give the client the unopened mail and offer help as needed
- 17. If a client is confused, the homemaker/caregiver should:**
- (A) ignore the client until he starts to make sense
 - (B) restrain the client so that he does not hurt himself
 - (C) keep the client away from other clients
 - (D) help the client to recognize familiar things and people
- 18. Clean bed linen placed in a client’s room but NOT used should be:**
- (A) returned to the linen closet
 - (B) used for a client in the next room
 - (C) taken to the nurse in charge
 - (D) put in the dirty linen container
- 19. The homemaker/caregiver can BEST show that he is listening to the client by:**
- (A) changing the subject frequently
 - (B) responding when appropriate
 - (C) correcting the client’s mistakes
 - (D) directing the conversation
- 20. The BEST time to prepare for a disaster is:**
- (A) while evacuating residents
 - (B) during lunch
 - (C) when everyone is safely in bed
 - (D) before it happens